“Be You” Summer Camp

GIVE YOUR CHILD A HEALTHY & FUN SUMMER EXPERIENCE!

Now more than ever, children need opportunities to connect with their peers and learn how to take care of their mental health. Our virtual “Be You” Summer Camp is an interactive experience designed to help your child address the challenges they are facing in a healthy way.

TOPICS

Group activities & crafts focused on:
• Managing anxiety & stress
• Self-care
• Increasing confidence & self esteem
• Communication skills & setting boundaries

GIRLS’ CAMP

Choose one of the following four-day series for girls.
• June 7 - June 10, 10:00 - 11:30 AM
• June 14 - June 17, 10:00 - 11:30 AM
• July 12 - July 15, 10:00 - 11:30 AM
• July 19 - July 22, 10:00 - 11:30 AM

AGES

Children in 5th - 8th grades

COST

$20 per four-day series

BOYS’ CAMP

Choose one of the following four-day series for boys.
• June 7 - June 10, 1:00 - 2:30 PM
• June 14 - June 17, 1:00 - 2:30 PM
• July 12 - July 15, 1:00 - 2:30 PM
• July 19 - July 22, 1:00 - 2:30 PM

SIGN UP TODAY!

Register by June 3
email barbara-grohmann@ccctx.org
or call 512-651-6150

LOCATION

Catholic Charities of Central Texas
“Zoom Room”